



Statistics about our work June 2009

In June 2009 there are **132** active Baby Café drop-ins.

Four are overseas and the rest across the UK. In total 180 drop-ins have opened since 2000 when the organisation started expanding.

We opened **43** new drop-ins in 2008.

Key results based on data from our statistical returns:

- Baby Café drop-ins support **11,500** mums annually.
- In total mothers make **56,000** visits to Baby Café drop-ins with an average of **5 visits per mum**. On an average weekday more than 210 mums visit a Baby Café near them.
- 71% of mums visit their Baby Café drop-in more than once and 40% visit five or more times.
- On average each drop-in offers 48 sessions per year of 1.9 hours each.
- Each Baby Café drop-in session supports an average of **8-9 mums**. Almost a third (30%) of drop-ins average 11 or more mums per session.
- In total drop-ins offer **12,290** hours of support per year to breastfeeding mums.
- There are **235** paid staff working in drop-ins and **188** volunteers.
- On average each drop-in receives **2-3** volunteer hours per week.
- The most common reason for attending Baby Café drop-ins is for the social support gained from being with other breastfeeding mums. Close behind are the specific issues for which mums seek professional support (sleep issues, starting solids and expressing are the top three).
- **99%** of mums surveyed find their Baby Café drop-in 'very helpful' or 'helpful'.

For more information about our work please visit our website at

www.thebabycafe.org